

Published based on [How To Teach A Dog To Roll Over](#)

How To Teach A Dog To Roll Over

Folks frequently ask me how they can train their dog to do a spread of tricks. Some of the less complicated ones to begin with is shake a paw, high 5 and roll over. From my own personal experience, I've found you can learn [how to teach a dog to roll over](#) in 3 easy steps.

- The very first thing you wish to have is some mouth-watering dog treats to train your dog. It's best to utilize a unusual treat that your dog does not routinely get to eat so that he's positive about the training. I suggest using turkey sausages because they are cheap and straightforward to chop into little pieces for coaching.
- Begin your training by putting your dog in a sit position, and then you need to bring the treat next to his nose and down to the ground, and continuously move your hand toward his neck. Give your dog a treat for following your hand and going onto his back. Next, you wish to move you hand further away from him so that he rolls over. Make sure that you praise your dog regularly throughout the coaching. The most enthusiastic you are during your training routine, the more your dog is going to love training with you.
- Once your dog can roll over, you will need to say the command "Roll Over!" at the same time that you "lure" him with the treat. Remember to give him a treat after he rolls over so that he learns what is predicted of him.
- Practice these exercises each day for one week. After that, you'll need to phase out the treats so that your dog can roll over without needing to use treats. I also suggest that you train in different environments; train in your rear yard, your local park or at your friend's house "that way your dog will be well placed to perform his new trick everywhere he goes.

Tips:

Always reward your dog and give him a treat anytime that he is successful. You want to build on success instead of getting irritated if your dog is not completely understanding what you need him to do.

Always remember to teach this trick incrementally. Which means to get the dog to first turn his head, then move his body onto his side, and eventually to roll over. You want to reward each stage of the rolling over.

And always keep your training sessions short! Your dog will learn more in a short five minutes session than he will with an hour of boring drilling.

Jean Cote is a Professional Dog Trainer who believes in teaching tricks as a way to develop a loving relationship with dogs. He enjoys creating online [dog tricks](#) help texts on his web site and his [dog blog](#).

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